

Fruit and Veggie Bingo

Find a different person to sign each box.

Someone who grows their own vegetables.	Someone who can name 2 blue/purple fruits and 2 blue/purple veggies.	Someone who knows a tip for eating more vegetables/fruits at breakfast.	Someone who can name 2 green fruits and 2 green veggies.	Someone who can name 2 yellow/orange fruits and 2 yellow/orange veggies.
Someone who loves dried fruit (for example: raisins, dates, apricots, pineapple, apples or mango).	Someone who loves to pick small fruit (berries or cherries).	Someone who knows how big a medium-sized apple is.	Someone who loves 100% vegetable juice.	Someone who loves 100% fruit juice.
Someone who can name 2 white fruits and 2 white veggies.	Someone who knows a tip for eating more vegetables/fruits at lunch or dinner.	 EAT 5 to 9 A DAY for better health	Someone who has a fruit tree at home.	Someone who knows a great bean recipe.
Someone who tried a new vegetable this month.	Someone who freezes or cans vegetables or fruit.	Someone who can name 2 red fruits and 2 red veggies.	Someone who has the same favorite vegetable as you do.	Someone who has the same favorite fruit as you do.
Someone who can name 3 vegetables or fruits that are high in fiber. _____ 1. _____ 2. _____ 3. _____	Someone who can name 3 vegetables or fruits that are high in vitamin C. _____ 1. _____ 2. _____ 3. _____	Someone who can name 3 cabbage-family vegetables. _____ 1. _____ 2. _____ 3. _____	Someone who can name 3 vegetables or fruits that are high in vitamin A. _____ 1. _____ 2. _____ 3. _____	Someone who knows a fruit and veggie Knock! Knock! joke.

